

North Street Winter Recess Guidelines

As part of the North Street philosophy we believe that outdoor play each day is essential to student learning and development. Playing outside provides an opportunity for students to grow socially, revitalize their minds for afternoon learning, and exercise. However, we are also aware that winter weather can bring unsafe conditions for our students.

As a general guideline we use the following temperature advisory to guide our decisions each day. The temperature cut-off for outdoor recess is set at a "real feel" temperature of 20 degrees, which factors in wind chill. Please know that in addition to temperature school staff also take into account the safety and condition of the recess area.

Understand the Weather

Wind-Chill



- 30° is *chilly* and generally uncomfortable
- 15° to 30° is *cold*
- 0° to 15° is *very cold*
- -20° to 0° is *bitter cold* with significant risk of *frostbite*
- -20° to -60° is *extreme cold* and *frostbite* is likely
- -60° is *frigid* and exposed *skin will freeze* in 1 minute

Heat Index



- 80° or below is considered *comfortable*
 - 90° beginning to feel *uncomfortable*
 - 100° *uncomfortable* and may be *hazardous*
 - 110° considered *dangerous*
- All temperatures are in degrees Fahrenheit

Child Care Weather Watch

		Wind-Chill Factor Chart (in Fahrenheit)									
		Wind Speed in mph									
Air Temperature		Calm	5	10	15	20	25	30	35	40	
	40	40	36	34	32	30	29	28	28	27	
	30	30	25	21	19	17	16	15	14	13	
	20	20	13	9	6	4	3	1	0	-1	
	10	10	1	-4	-7	-9	-11	-12	-14	-15	
	0	0	-11	-16	-19	-22	-24	-26	-27	-29	
-10	-10	-22	-28	-32	-35	-37	-39	-41	-43		

Comfortable for out door play

Caution

Danger

		Heat Index Chart (in Fahrenheit %)												
		Relative Humidity (Percent)												
Air Temperature (F)		40	45	50	55	60	65	70	75	80	85	90	95	100
	80	80	80	81	81	82	82	83	84	84	85	86	86	87
	84	83	84	85	86	88	89	90	92	94	96	98	100	103
	90	91	93	95	97	100	103	105	109	113	117	122	127	132
	94	97	100	103	106	110	114	119	124	129	135			
	100	109	114	118	124	129	130							
104	119	124	131	137										

Finally, we encourage students to play in the snow, if any arrives, as long as they have met the "Show Me 5" rule. **In order for students to play in the snow they are required to have the following 5 items:**

- Boots
- Snow Pants
- Coat
- Gloves
- Hat

Thank you for your support in getting the students ready for outdoor play!